

Purpose: The purpose of this exercise is to improve your quintuplet (or "fivelet") rhythmic interpretation.

Notes: This exercise should be relaxed with very legato stick motions. In general, this exercise is played with full legato strokes, but it can be played at lower heights if you wish.

Because quintuplets are an odd meter and this exercise is completely monotone, it can be helpful to think of the first and third notes of each grouping of five. In this way, you can more easily keep track of where the beat is in relation to the fivelets. THINK accents in your head as follows, but PLAY the fivelets unaccented: (R 1 R 1 r L r L r 1)