

# Irish Spring - "Asian"

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for SnareScience.com

**Variation 1**

TenorLine R R R R R R R...

3 Tenors L L L L L L... L L R L R R R R R R R R R R L R

6 Tenors L L L L L L L L R L R R R R R R R R L L L L L L L L L R L

9 Tenors R R R R R R R R R L L L L L L L L L R R R L L L R R L L R R

12 Tenors L L R R L L R R R L L L L R

14 **Variation 2** Tenors R R R R R R... R R L R L L L L L L L...

17 Tenors L L R L R R R R R R R R L L L L L L L L R L

20 Tenors R R R R R R R R L R L L L L L L L L R R R R R R R

23 Tenors L L L L L L L R R R L L L R R L L R R

25 Tenors L L R R L L R R R L L L L R

27 **Variation 3** Tenors R R R R R R... R R L R L L L L L L L...

30 Tenors L L R L R R R R R R R R L L L L L L L L R L

33  
Tenors

R R R R R R R R L R L L L L L L L L L R L R R R R R R R R R R

36  
Tenors

L L L L L L L L R R R L L L R R L L R R

38  
Tenors

L L R R L L R R R L L L R

# *Irish Spring - Asian*

## **Purpose:**

The purpose of this exercise is to improve your triple stroke quality, as well as your hand to hand transfer consistency. This is the third of three variations of this exercise. Try getting together with friends and splitting Irish, Asian, and African all simultaneously. It sounds awesome and is a lot of fun!

## **Notes:**

This exercise should be relaxed with very legato stick motions. At higher tempos, consider setting your metronome to click once every two beats to help maintain the laid back feel. Really work to bring out the 2nd and 3rd notes of each triple stroke.

One of the most common errors in this exercise is morphing the double stroke rhythm just before the hand to hand transfer. This is an excellent exercise in 'finishing the phrase' -- The last double before the alternating eighth notes should be played with the same exact meter as the preceding triple strokes.

Be sure to maintain proper playing zones throughout all variations and break down any 'sub-zones' as needed when playing scrapes.

Don't tweak your hand angle out or turn your hands over to play on the outer drums; Use the forearms to carry the hands and sticks to where they need to be! And on that note, don't rotate your shoulders either.

Define which crossovers are fulcrum crosses and wrist-over-wrist crosses