

Purpose: The purpose of this 4-2-1 exercise is to develop 16th note timing. Having 16th note timing means the ability to place notes

precisely at 16th note divisions. Bass drummers are usually much better at this than snare drummers! This is another good

exercise for MARKING TIME.

1) **Stick motion:** The stick motion should be very legato for this exercise. Think eight on a hand.

2) **Sound Quality:** This exercise is completely monotone. Every note should sound exactly like every other note. Don't pound that last note!

3) Rhythm and Timing: Timing is the main thrust of this exercise. Play this exercise while your buddy plays straight 16th notes. Everything should line up

perfectly.

4) Variations to this exercise:

a) Play quarter notes on the rim with one hand while playing the exercise rhythm on the drum with the other hand - INDEPENDENCE!

b) Play the exercise at 1", 3", 6", etc...